

GoodLife
FITNESS.



Enjoy Improved Fitness, Mental Health & Well-Being

Prairie Mountain Health

\$0 enrollment fee
30% off memberships

Join at corporate.goodlifefitness.com



Corporate Membership Benefits:

- Reduce stress and feel great - physically and mentally
- 200+ clubs in Canada - some with 24-hour access
- Discount extended to two family members once employee/member has joined
- World-renowned Group Fitness classes
- GoodLife On-Demand delivers online workouts wherever and whenever you want
- GoodLife Rewards offers savings and exclusive deals from GoodLife partners
- [Scan to see what GoodLife offers!](#)



**Scan to book a tour and
one-visit trial pass!**

